For use with midline episiotomy simulator (LF01030U), left mediolateral episiotomy simulator (LF01032U), and right mediolateral episiotomy simulator (LF01033U)

INSTRUCTION MANUAL
About the Simulators...
The Life/form® Mediolateral & Midline Episiotomy Suturing Simulators have been designed to demonstrate and practice the procedure of suturing an episiotomy. The anatomy of the surrounding area has been reproduced to provide as lifelike an appearance as possible. Standard instruments can be used to do the suturing.

Internal Structure
The simulators are made of suturable material to provide lifelike experiences for students. The material is easy to suture, but tough enough to withstand hundreds of practice hours.

Procedures That Can Be Performed on the Simulators
The procedure for suturing an episiotomy can be performed using standard instruments.

Materials needed:
1. Needle holder
2. Suture (00 or 000 chromic catgut)
3. Scissors

General Instructions for Use*
1. It is recommended that the deep sutures be placed first. Therefore, evenly place three interrupted sutures into the perineal incision.
2. Complete the repair by beginning 1 cm above the vaginal apex with a stasis structure. After tying this suture, cut the short end only and continue on with locked mattress sutures to the introitus.
3. Next, insert the needle down into the perineal subcutaneous tissue, just in front of the needle exit hole from the last vaginal structure. In this way, the vaginal suturing will not open up.
4. Continue with evenly placed unlocked continuous surgical gut structures. When the last suture is placed, insert the needle subcutaneously, and exit subcuticularly (1 cm below the epithelium) at the posterior apex of the perineal incision.

5. Begin subcuticular structures, alternating sides until the introitus is reached again. The suture can be tied off at this point with one last lateral suture to make a tail of the suture with which to tie.
6. Taking the last subcuticular suture back under the hymenial ring into the vagina, one last lateral suture between previously placed mattress sutures can also be done to end the repair. (In this way, the knot will not rub on the perineal pad and cause discomfort to a real woman's episiotomy.)

* This is only one method, other methods are also acceptable.

Care of Simulators...
Normal soil accumulated on the surface of the simulators can be removed with mild soap and lukewarm water. Use REN cleaner (W09919UA) to remove stubborn stains from the simulators. Simply spray soiled area and wipe clean with a soft cloth or paper towels. Solvents or corrosive materials will damage the simulators. Never place on any kind of printed material, paper or plastic. These materials will transfer indelible stains. Ball point pens will also make indelible stains.

Supplies/Replacement Parts for Mediolateral Episiotomy Simulators
W09919UA REN Cleaner
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Supplies/Replacement Parts for Mediolateral Episiotomy Simulators
W09919UA  REN Cleaner
Other Available Life/form® Simulators
LF03610U Child Airway Management Trainer Head Only
LF03611U Child Defibrillation Chest Skin
LF03612U Child IV Arm
LF03613U Child Blood Pressure Arm
LF03614U Child Intravenous Infusion/ Femoral Access Leg Only
LF03615U Complete Child CRISS™ Update Kit
LF03616U Child CRISS™ Manikin
LF03617U Deluxe Child CRISS™ Manikin with Airway Trainer
LF03620U PALS Update Kit
LF03621U Infant Airway Management Trainer Head Only
LF03622U Intravenous Infusion Right Leg
LF03623U Infant Airway Management Trainer
LF03626U Child Femoral Access Injection Kit
LF03628U Child Intravenous Infusion/ Femoral Access Leg on a Stand
LF03633U Child Airway Management Trainer with Torso
LF03634U Basic Buddy CPR Manikin
LF03635U "Wayway Larry" Airway Management Trainer
LF03636U Baby Buddy CPR Manikin
LF03637U Deluxe CRISS™ Manikin
LF03640U GERI™ Nursing Manikin
LF03641U KERI™ Basic Manikin
LF03642U KERI™ Advanced Manikin
LF03643U GERI™ Advanced Manikin
LF03644U GERI™ Basic Manikin

EPISIOTOMY SUTURING SIMULATORS
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